

**SIGNATURE BOX**

*Balanced nutrition and variety with enough food to assist in feeding a family of four for a week.*

- 1.5 lb. Top Sirloin Steaks (4 x 6 oz.)
- 1.5 lb. Boneless Pork Roast
- 2 lb. IQF Boneless/Skinless Chicken Breast
- 2 lb. Lasagna with Meat Sauce
- 1.5 lb. Fully Cooked Boneless Chicken Drumsticks  
*(Brand New Item! Exclusive to AFM)*
- 1 lb. Lean Ground Beef
- 1 lb. Frozen Baby Limas
- 1 lb. Frozen Green Beans
- 1 lb. Broccoli Florets
- 1 lb. Rice
- 1 lb. Pasta
- 28 oz. Pasta Sauce
- 1 lb. Fresh Carrots
- 4 ct. Large Baking Potatoes
- 32 oz. 2% Shelf Stable Milk
- Dozen Eggs
- Dessert

**\$30.00**

**SENIOR & CONVENIENCE MEALS**

***For Seniors or People on the Go!***

*Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.*

- Chicken Parmesan** with Brussels sprouts & zucchini
- Charbroiled Beef Patty** with mashed potatoes, carrots & corn blend
- Macaroni & Beef** with noodles, carrots & zucchini blend
- Lemon Pepper Fish** with rice, peas & zucchini blend
- Mesquite Chicken** with rice, carrots & green beans
- Spaghetti & Meatballs** with corn, peas & carrots
- Boneless Pork Patty** with roasted sweet potatoes, sugar snap peas & broccoli/cauliflower
- Cheese Manicotti** with green beans, peas & carrots
- Chicken & Rice** with Mushroom Sauce, green beans, corn blend
- Macaroni & Cheese** with broccoli & lima beans
- Desserts:** Assorted Cookies, Mixed Fruit Cup, Fig Bar, Strawberry Applesauce, Grape Juice, Apple Juice

**\$28.00**

**5 LB. ALLERGEN-FREE FOOD BOX**

*Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!*

- 1 lb. Breaded Chicken Fillet Patties
  - 1 lb. Breaded Chicken Tenders
  - 1 lb. Breaded Chicken Nuggets
  - 1 lb. Breaded Steak Fingers
  - 1 lb. Breaded Chicken Wings
- Battered/Breaded with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika. Breading is pre-browned in Canola oil.*

**\$23.00**

**6 LB. PREMIUM SEAFOOD VARIETY BOX**

*Six pounds of the finest quality seafood assortment available.*

- 2 lbs. Alaskan Snow Crab Legs
- 1 lb. Large EZ Peel Shrimp
- 2 lbs. Oven Ready Popcorn Shrimp
- 1 lb. Stuffed Crab in Natural Shell (8 ct.)

**\$35.00**

\*\*\*Specials may be purchased with or without the purchase of a Standard Box above\*\*\*

**FEBRUARY SPECIAL #1**

**6.5 lb. Assorted Meat Grill Box \$23.00**

- 1.5 lb. T-Bone Steaks (2 x 12 oz.)
- 2 lb. Boneless Pork Chops (4 x 8 oz.)
- 1.5 lb. Lean Hamburger Patties (4 x 6 oz.)
- 1.5 lb. Mild Italian Sausage Links with Cheese

**FEBRUARY SPECIAL #2**

**5 lb. Assorted Meat & Chicken Combo \$22.00**

- 1.5 lb. Kansas City Strips (2 x 12 oz.)
- 1.5 lb. Prime Rib Steak (2 x 12 oz.)
- 2 lb. Gourmet Flavored Boneless Chicken Breast  
Mesquite (4 x 4 oz.) & Lemon Herb (4 x 4 oz.)

**FEBRUARY SPECIAL #3**

**Stuffed Chicken Variety Pack \$18.00**

- 1.5 lb. Chicken Cordon Bleu (4 x 6 oz.)
- 1.5 lb. Broccoli & Cheese (4 x 6 oz.)
- 1.5 lb. Chicken Kiev (4 x 6 oz.)

**FEBRUARY SPECIAL #4**

**Super Value Fajita Kit (5+ lbs.) \$21.00**

- 2 lb. Steak Fajita Strip Packs (2 x 1 lb.)
- 2 lb. Chicken Breast Fajita Strip Packs (2 x 1 lb.)
- 1 lb. Onions & Bell Peppers
- 20 ct. 8" Flour Tortillas

**FEBRUARY SPECIAL #5**

**Premium Fresh Fruit and Veggie Box \$22.00**

- 3 lbs. Tree-Ripened Oranges
  - 2 lbs. Premium Red Delicious Apples
  - 1 lb. New Crop Chilean Plums
  - 4 Washington State Anjou Pears
  - 4 Washington State Fuji Apples
  - 4 Tree Ripened Tangerines
  - 2 Tree Ripened Red Grapefruit
  - 6 pack 1 oz. Boxes Premium Sun Dried Raisins
  - 3 lbs. Premium Red A-Size Potatoes
  - 2 lbs. Premium Yellow Onions
  - 1 head Premium Leafy Green Cabbage
  - 1 lb. Premium Whole-Peeled Baby Carrots
  - 1 lb. Dried Pinto Beans
- AFM February 2010 Fruit and Veggie Recipe Sheet

Orders Due: February 15, 2010  
 Distribution Day: **February 27, 2010 9:30am-10:30am**  
 Bardstown Baptist Church  
 101 W. Brashear AVE., Bardstown, KY 40004  
*'On the corner of North 3<sup>rd</sup> and Brashear'*  
 502-348-3866 [www.bardstownbaptistchurch.org](http://www.bardstownbaptistchurch.org)



# A LIFE-changing Ministry of the Bardstown Baptist Church

101 West Brashear Avenue, Bardstown, Kentucky 40004

Telephone: (502) 348-3866

Fax: (502) 348-1385

[www.bardstownbaptistchurch.org](http://www.bardstownbaptistchurch.org)

Office Hours: Monday – Friday 8:30am until 4:30pm

**ORDER DEADLINE- Monday, February 15<sup>th</sup>, 2010**

**DISTRIBUTION DAY- Saturday, February 27<sup>th</sup>, 2010 9:30am-10:30am**

### We Accept Cash, Money Order, or Food Stamps (EBT).

Angel Food Ministries Reserves the Right to Substitute Any of the Above Items Due to Availability, Cost and Quality.

Angel Food Ministries is an equal opportunity provider and employer. Complaints of discrimination should be sent to USDA, Director, Office of Civil Rights, Washington, DC 20250-9410

Name: \_\_\_\_\_

Telephone: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Regular Unit	\$30 each	Quantity Ordered	_____	Item Total	\$_____
Senior Box	\$28 each	Quantity Ordered	_____	Item Total	\$_____
Allergen Free	\$23 each	Quantity Ordered	_____	Item Total	\$_____
Seafood Pack	\$35 each	Quantity Ordered	_____	Item Total	\$_____
Special #1	\$23 each	Quantity Ordered	_____	Item Total	\$_____
Special #2	\$22 each	Quantity Ordered	_____	Item Total	\$_____
Special #3	\$18 each	Quantity Ordered	_____	Item Total	\$_____
Special #4	\$21 each	Quantity Ordered	_____	Item Total	\$_____
Special #5	\$22 each	Quantity Ordered	_____	Item Total	\$_____
<b>Total Qty Ordered</b>			_____	<b>Total Amount \$</b>	_____

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